
news SCRAps

The Newsletter of the Spencerport Central Retirees' Association

March 1, 2021 p. 1

A MESSAGE FROM THE POTSCRA

Faith, Hope, and Charity



These are troubling times. Navigating these turbulent waters takes special skills and belief. The three words above can give us the necessary “hutzpah” to handle the oars. Where do you find these beliefs. I was lucky. My father was Jewish and my mother an active Christian so two bases were covered. Love was all around and I was surrounded by people who believed that “good things” were always coming!

My formal religious growth has taken a hit this last year because of the pandemic, so I depend on on-line sermons to provide some necessary uplifts on my Sunday mornings. In addition Suzanne and I watch CBS SUNDAY MORNING “religiously “. Where else can you get the history of the GRAND OLE OPRY and the music of America at the same time as you can see where the wood for Stradivari violins came from in Italy not to mention the Fazioli pianos. The show always

ends with a “spot” of nature somewhere in the US of A that brings a little calm to the body.

Regardless of our tools, nature has taken a toll on parts of the world and most recently in Texas. They need our “charity” and our prayers at this time. So folks maybe we don’t need all three oars, but a healthy dose of any one might just be enough to smooth the “troubled” waters.

Good Luck!!
Doug Unell



SCRA LEADERSHIP

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Kathy DeLorme, Vice President and Liaison to Retiree Council 5
Donna Austin, Secretary
Diana Hanley, Treasurer
Bill Wolf, Benefits Comm. Chair
Donna Wolf, Scholarship Comm. Rep
Joyce Knutowicz - Sunshine Coordinator
Peter Randazzo, Editor

The following poem was read by Amanda Gorman at President Joe Biden's Inauguration on January 20, 2021.



AMANDA GORMAN

THE HILL WE CLIMB

Amanda Gorman

When day comes, we ask ourselves where
can we find light in this never-ending shade?
The loss we carry, a sea we must wade.
We've braved the belly of the beast.
We've learned that quiet isn't always peace,
and the norms and notions of what "just" is
isn't always justice.
And yet, the dawn is ours before we knew it.
Somehow we do it.
Somehow we've weathered and witnessed a
nation that isn't broken, but simply unfinished.
We, the successors of a country and a time
where a skinny Black girl descended from
slaves and raised by a single mother can
dream of becoming president, only to find
herself reciting for one.

And yes, we are far from polished, far from
pristine,
but that doesn't mean we are striving to form a
union that is perfect.

We are striving to forge our union with
purpose.
To compose a country committed to all
cultures, colors, characters, and conditions of
man.
And so we lift our gazes not to what stands
between us, but what stands before us.
We close the divide because we know, to put
our future first, we must first put our
differences aside.
We lay down our arms so we can reach out
our arms to one another.
We seek harm to none and harmony for all.
Let the globe, if nothing else, say this is true:
That even as we grieved, we grew.
That even as we hurt, we hoped.
That even as we tired, we tried.
That we'll forever be tied together, victorious.
Not because we will never again know defeat,
but because we will never again sow division.

Scripture tells us to envision that everyone
shall sit under their own vine and fig tree and
no one shall make them afraid.
If we're to live up to our own time, then victory
won't lie in the blade, but in all the bridges
we've made.
That is the promise to glade, the hill we climb,
if only we dare.
It's because being American is more than a
pride we inherit.
It's the past we step into and how we repair it.
We've seen a force that would shatter our
nation rather than share it.
Would destroy our country if it meant delaying
democracy.
This effort very nearly succeeded.
But while democracy can be periodically
delayed,
it can never be permanently defeated.
In this truth, in this faith, we trust,
for while we have our eyes on the future,
history has its eyes on us

Continued page 3

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This is the era of just redemption.
We feared it at its inception.
We did not feel prepared to be the heirs of
such a terrifying hour, but within it, we found
the power to author a new chapter, to offer
hope and laughter to ourselves.
So while once we asked, 'How could we
possibly prevail over catastrophe?' now we
assert, 'How could catastrophe possibly
prevail over us?'

We will not march back to what was, but move
to what shall be:
A country that is bruised but whole, benevolent
but bold, fierce and free.
We will not be turned around or interrupted by
intimidation because we know our inaction
and inertia will be the inheritance of the next
generation.
Our blunders become their burdens.
But one thing is certain:
If we merge mercy with might, and might with
right, then love becomes our legacy and
change, our children's birthright.

So let us leave behind a country better than
the one we were left.
With every breath from my bronze-pounded
chest, we will raise this wounded world into a
wondrous one.
We will rise from the golden hills of the west.
We will rise from the wind-swept north-east
where our forefathers first realized revolution.
We will rise from the lake-rimmed cities of the
midwestern states.
We will rise from the sun-baked south.
We will rebuild, reconcile, and recover.
In every known nook of our nation, in every
corner called our country,
our people, diverse and beautiful, will emerge,
battered and beautiful.
When day comes, we step out of the shade,
afire and unafraid.

The new dawn blooms as we free it.
For there is always light,

if only we're brave enough to see it.
If only we're brave enough to be it.

if only we're brave enough to see it.
If only we're brave enough to be it.



A special thanks to all who contributed to this year's scholarship drive. You really came through and we appreciate it greatly. As of this writing, we have collected \$4295 and there will probably be more coming in before we inform the Scholarship Committee of how much to award. This means there will be two scholarships of at least \$2000 each. Any monies left over will be applied to next year's awards.

IN SYMPATHY

Barbara Lee Ressman, wife of **Roger Ressman**, passed away on January 10, 2021. She was 75. In addition to Roger, she is survived by daughter Heather (Brett) Sahrle, son Jason (lindsay) Ressman, five grandchildren and two siblings.

Barbara was a Speech Therapist at the Chestnut Ridge Elementary School. In addition, she had many outside interests including scrapbooking, knitting, reading, trips to Black Lake and the Spencerport Rotary Club.

A memorial service will be held at a later date when the current health situation subsides. In lieu of flowers, donations may be made to the Spencerport Rotary Club, P.O. Box 274, Spencerport, NY 14559. Funds collected will be sent to the Rotary Foundation.



FRANCES "FRAN" TEAHAN

Frances "Fran" Teahan, mother of **Denise Kelley**, passed away peacefully on January 11, 2021. She was 97. In addition to daughter Denise (Ron), she is survived by sons Dale (Arlene), Jim, Jay (Barbara) and daughter-in-law Wendy, 11 grandchildren and 18 great-grandchildren, plus numerous nieces, nephews and very special friends.

She was a Membership Chair for the Greece Chapter of the AARP and a Docent for the Greece Historical Society.

The family wishes to thank the compassionate staff at Elderwood of Lakeside for the loving care of their mother.

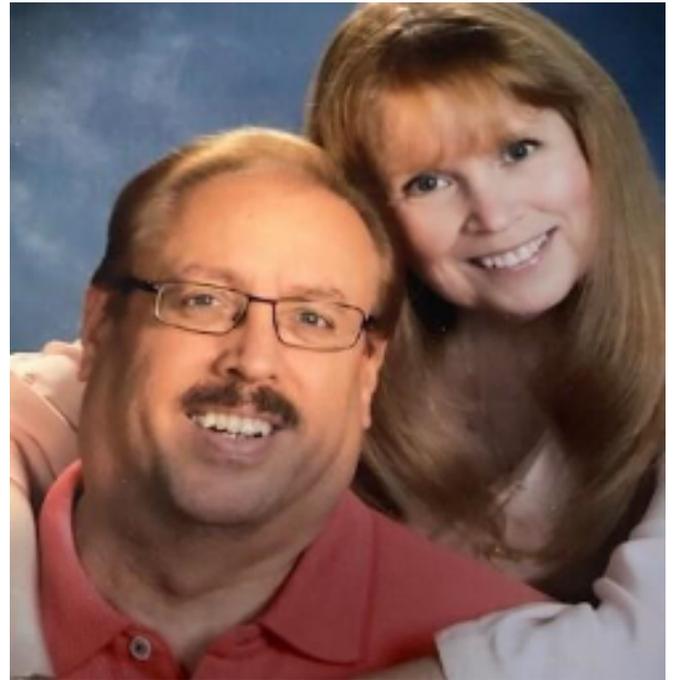
A Celebration of Life will be held at a later date. Contributions may be made to Our Lady of Victory Homes, 780 Ridge Road, Lackawanna, NY 14218-1682 in Fran's memory.

**CAROL D. HUFF**

Carol Huff, retired remedial math teacher, passed away on January 16, 2021. She was 80. She is survived by her husband Kenneth, two daughters, Karen (Bob) Sutton, Julie (Dave) Snaith, six grandchildren and her brother Donald (Gail) Dubay.

Carol grew up in Maine and attended the University of Maine in Orono and married classmate, Kenneth. After graduation she moved to Rochester where she worked for Xerox and then the University of Rochester Psychology Research Laboratory. She began her teaching career with BOCES and then as a remedial elementary math teacher in Spencerport.

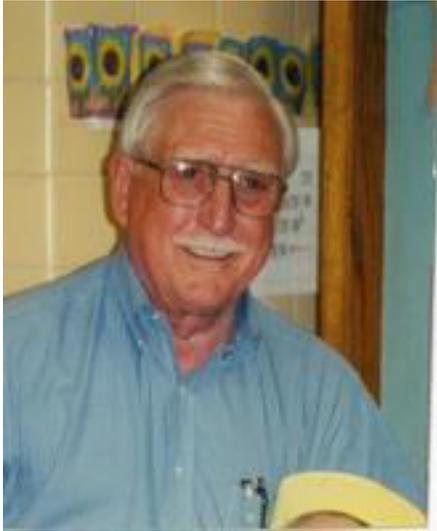
As per Carol's wishes, no services are being held. In lieu of flowers please consider donating to your favorite charity or to Saints Place, 46 South Main St. Pittsford, NY 14534.

**RICHARD RUSSNOW AND
PAM FITZMORRIS**

Richard Russnow, husband of **Pam Fitzmorris**, passed away on January 21, 2021

He attended Nazareth College where he majored in Saxophone Performance and then joined the Air Force after graduation. He also earned Master's degrees in Human Resources Management and Informational Technology Management. After being discharged from the Air Force he worked for SUNY Brockport and RIT in Administration.

A Memorial service will be held in the spring at Trinity Episcopal Church in Greece, NY. In lieu of flowers, the family asks that you consider donations to Trinity Episcopal Church, 3450 Ridge Road West, Rochester, 14626 or to Rescued Treasures 3177 Latta Road, Rochester, 14612.



ROBERT MILGATE

Robert Milgate, father of Former Superintendent **Dan Milgate**, passed away on January 21, 2021. He was 87.

He is survived by sons Tom (Teri), Dan (Andrea), and Pat, step-brother, Lanny (Kim) Farcey, son-in-law Rick Moyer, daughters-in-law Jacki and Chris, 12 grandchildren, eight great-grandchildren and many nieces and nephews.

Family and friends will be invited to a Celebration of Bob's life on a date to be determined. It will be at the Genesee Country Museum. In lieu of flowers the family requests that contributions be made to the Teresa House, 21 Highland Road, Geneseo, NY 14454.

The Teresa House and their professional staff and volunteers ensured that Bob experienced a peaceful transition and any support for this not-for-profit organization is greatly appreciated.

FRIENDLY REMINDERS TO ALL SCRA MEMBERS:

1. Is your email address up to date? This is to ensure that you receive all of our notices since many are sent electronically and you certainly don't want to miss anything important. It also means that you receive NewsSCRAPS faster and in color. Plus it saves us a ton of money on printing and postage costs.
2. Be sure that all your contact information is up to date (name in case that changed, postal address, phone number, etc.)
3. Remember that the STA is looking for news article from retirees telling about their experiences when the Union was helpful.
4. NewsSCRAPS is also looking for articles about its members. SCRA received a whole lot of compliments about the last issue which included news of how you spent your Holiday in light of all the COVID restrictions.
5. Feedback about NewsSCRAPS is appreciated. We are always looking for ways to improve our communications. Is our newsletter meeting your needs? Are there ways we can improve?



The following was submitted by Dr. Bob Sudlow. Any moans or groans should be directed at him.

DEALING WITH SQUIRRELS

The Presbyterian church called a meeting to decide what to do about their squirrel infestation. After much prayer and consideration, they concluded that the squirrels were predestined to be there, and they should not interfere with God's divine will.

At the Baptist church, the squirrels had taken an interest in the baptistry. The deacons met and decided to put a water-slide on the baptistry and let the squirrels drown themselves. The squirrels liked the slide and, unfortunately, knew instinctively how to swim, so twice as many squirrels showed up the following week.

The Lutheran church decided that they were not in a position to harm any of God's creatures. So, they humanely trapped their squirrels and set them free near the Baptist church. Two weeks later, the squirrels were back when the Baptists took down the water-slide.

The Episcopalians tried a much more unique path by setting out pans of whiskey around their church in an effort to kill the squirrels with alcohol poisoning. They sadly learned how much damage a band of drunk squirrels can do.

But the Catholic church came up with a more creative strategy! They baptized all the squirrels and made them members of the church. Now they only see them at Christmas and Easter.

Not much was heard from the Jewish synagogue. They took the first squirrel and circumcised him. They haven't seen a squirrel since.



Pickles by Brian Crane for January 02, 2003



So, you've been vaccinated. Now what?

You must continue to:



WEAR A MASK



MAINTAIN SOCIAL DISTANCING



WASH YOUR HANDS

Why?

- It takes time for the effectiveness of both vaccines to build up.

With the Pfizer-BioNTech vaccine, protection doesn't start until 12 days after the first shot and it reaches 52% effectiveness a few weeks later. A week after the second vaccination is when the effectiveness rate reaches 95%. Moderna has reported a protection rate of 51% two weeks after the first immunization and 94% two weeks after the second dose.

- Scientists are still gathering data on whether you can be asymptomatic and able to shed the virus after vaccination.

There is the possibility that if you encounter COVID-19, after being vaccinated, you may not display symptoms but be able to shed the virus. This is because your immune system may not fight off the virus completely. It might allow some viruses to survive and reproduce and get expelled from your nose or mouth in a breath, cough or sneeze. Scientists must still collect data on whether vaccinated people can test positive for COVID-19 after being vaccinated before we can amend mitigation strategies.

(Adapted from NPR article, ["Why You Should Still Wear A Mask And Avoid Crowds After Getting The COVID-19 Vaccine"](#))

What is herd immunity and when will we achieve it?

COVID-19 mRNA vaccines will not give you COVID-19; mRNA vaccines do not use the live virus that causes COVID-19.

- The Centers for Disease Control and Prevention says that experts do not know exactly what percentage of people would need to get vaccinated to achieve herd immunity to COVID-19. The World Health Organization's chief scientist warned that herd immunity is not likely in 2021.

"Herd immunity is a term used to describe when enough people have protection—either from previous

infection or vaccination—that it is unlikely a virus or bacteria can spread and cause disease. As a result, everyone within the community is protected even if some people don't have any protection themselves. The percentage of people who need to have protection in order to achieve herd immunity varies by disease." [Frequently Asked Questions about COVID-19 Vaccination | CDC](#)

Until we have reached an acceptable, to be determined, level of herd immunity we must maintain our practices of mask wearing, maintaining social distance and washing our hands. These practices will protect us all.

I've been vaccinated but have been in close contact with someone who has COVID-19. Do I need to quarantine?

We have not been advised whether you'll need to

quarantine after you receive both vaccine doses. Out of an abundance of caution, it would be wise to quarantine until we are given further guidance from the CDC or the Governor.

Melva Ann Owens submitted the following.
Please direct your smiles toward her.

JEOPARDY FOR SENIORS

Let's see how good your memory is. The answers are printed on page 10, but don't cheat. Answer the questions first.

1. After the Lone Ranger saved the day and rode off into the sunset, the grateful citizens would ask, "Who was that masked man?" Invariably, someone would answer, "I don't know, but he left this behind." What did he leave behind? A _____.
2. When the Beatles first came to the U.S. in early 1964, we all watched them on The _____ Show.
3. "Get your kicks, _____!"
4. The story you are about to see is true. The names have been changed to _____.
5. 'In the jungle, the mighty jungle, _____.'
6. After the Twist, The Mashed Potato, and the Watusi, we 'danced' under a stick that was lowered as low as we could go in a dance called the '_____.'
7. Nestle's makes the very best... _____.'
8. Satchmo was America's 'Ambassador of Goodwill.' Our parents shared this great jazz trumpet player with us. His name was _____.
9. What takes a licking and keeps on ticking?
_____.

10. Red Skeleton's hobo character was named _____ and Red always ended his television show by saying, 'Good Night, and '_____.'
11. Some Americans who protested the Vietnam War did so by burning their _____.
12. The cute little car with the engine in the back and the trunk in the front was called the VW. What other names did it go by? _____ or _____.
13. In 1971, singer Don MacLean sang a song about, 'the day the music died.' This was a tribute to _____.
14. We can remember the first satellite placed into orbit. The Russians did it. It was called _____.
15. One of the big fads of the late 50's and 60's was a large plastic ring that we twirled around our waist. It was called the _____.
16. Remember LS/MFT
_____ / _____.
17. Hey Kids! What time is it? It's _____!
18. Who knows what secrets lie in the hearts of men? Only The _____ Knows!
19. There was a song that came out in the 60's that was "a grave yard smash". Its name was the _____!
20. Alka Seltzer used a "boy with a tablet on his head" as its Logo/Representative. The boy's name was _____.

answers on p. 10

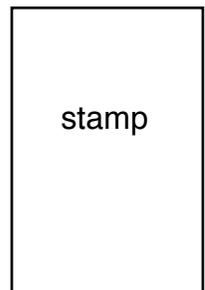
Answers to the quiz on page 9.

1. The Lone Ranger left behind...
A silver bullet
2. The Ed Sullivan Show
3. On Route 66
4. To protect the innocent
5. The Lion Sleeps Tonight
6. The limbo
7. Chocolate
8. Louis Armstrong
9. The Timex Watch
10. Freddy, The Freeloader and 'Good Night and God Bless.'
11. Draft Cards (Bras were also burned.
Not flags, as some have guessed)
12. Beetle or Bug

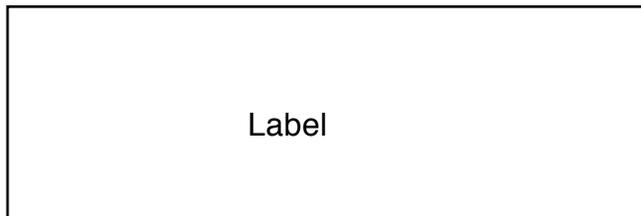
13. Buddy Holly
14. Sputnik
15. Hoola-hoop
16. Lucky Strike/ Means Fine Tobacco
17. Howdy Doody Time
18. Shadow
19. Monster Mash
20. Speedy



Spencerport Central Retirees' Association
Doug Unell, President
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FIRST CLASS



Label